

# ADULT INTAKE



## Personal Information:

First name: \_\_\_\_\_ Last name: \_\_\_\_\_ Goes by: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

Which type of reminders would you like (circle): TEXT | EMAIL

↳ If text reminders, who is your cell phone provider? \_\_\_\_\_

Gender: Male | Female

DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Marital Status: Single / Married / Widowed

Spouses name: \_\_\_\_\_

# of children: \_\_\_\_\_

Names/ages: \_\_\_\_\_

Emergency contact: \_\_\_\_\_

Emergency contact phone number: \_\_\_\_\_

↳ Relation? \_\_\_\_\_

Whom may we thank for referring you? \_\_\_\_\_

## Reason for Seeking Care:

What is your reason for seeking care at Tree of Life Chiropractic: \_\_\_\_\_

When did it start (if applicable): \_\_\_\_\_

Are there any major injuries, surgeries or accidents we should know about? \_\_\_\_\_

What is this affecting most in your life (list all that apply)? \_\_\_\_\_

List other providers you have seen for it: \_\_\_\_\_

Have you seen a chiropractor before?  yes  no How long ago? \_\_\_\_\_

Reason you are no longer seeing them (if applicable)? \_\_\_\_\_

What is your level of commitment to yourself and your health?  1  2  3  4  5  6  7  8  9  10

What health goal if completed or accomplished would have the biggest impact on your life? \_\_\_\_\_

## Health Concerns(check all that apply):

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Anxiety              | <input type="checkbox"/> Memory problems           | <input type="checkbox"/> High Blood Pressure    |
| <input type="checkbox"/> Depression           | <input type="checkbox"/> Headaches / Migraines     | <input type="checkbox"/> Knee pain / Ankle pain |
| <input type="checkbox"/> Digestive trouble    | <input type="checkbox"/> Stiffness                 | <input type="checkbox"/> Shoulder pain          |
| <input type="checkbox"/> Nausea/Vomiting      | <input type="checkbox"/> Cancer                    | <input type="checkbox"/> ADD/ADHD               |
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Cold hands/feet           | <input type="checkbox"/> Nervousness            |
| <input type="checkbox"/> Fatigue/Sleep issues | <input type="checkbox"/> Dizziness                 | <input type="checkbox"/> TMJ dysfunction        |
| <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Inability to concentrate  | <input type="checkbox"/> Menstrual Issues       |
| <input type="checkbox"/> Loss of balance      | <input type="checkbox"/> Postpartum concerns       | <input type="checkbox"/> Vertigo                |
| <input type="checkbox"/> Neck pain            | <input type="checkbox"/> Allergies or Sinus issues | <input type="checkbox"/> Epilepsy               |
| <input type="checkbox"/> Back pain            | <input type="checkbox"/> Concussion                | <input type="checkbox"/> Scoliosis              |
| <input type="checkbox"/> Sciatica             | <input type="checkbox"/> Sports Injury             | <input type="checkbox"/> Poor Posture           |
| <input type="checkbox"/> Pain in arms or legs | <input type="checkbox"/> Infertility               |   |
| <input type="checkbox"/> Irritability         | <input type="checkbox"/> Other: _____              |   |

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Are you working currently (circle one) YES / NO

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Job duties: \_\_\_\_\_

Medications currently taking: \_\_\_\_\_

Vitamins/supplements currently taking: \_\_\_\_\_

How many hours of sleep do you get per night? \_\_\_\_\_ Quality of sleep (circle): POOR | MODERATE | GREAT

Hobbies: \_\_\_\_\_

Current Exercise Regimen: \_\_\_\_\_

Anything else you want the Doctors to know? \_\_\_\_\_

## Consent to Chiropractic Services:

I hereby request and consent to chiropractic adjustments and other procedures by Doctors Moe and their staff who now or in the future treat me while employed by this office. I will have an opportunity to discuss with TOLC personnel the nature and purpose of treatment indicated. While chiropractic treatment is remarkably safe, you need to be informed about the potential risks related to your care to anticipate and explain all risks and complications, and wish to rely on the Doctors to exercise judgement during the course of any procedure which the Doctors feel at that time is in my best interest. I understand that TOLC will not be held responsible for any pre-existing medical conditions. I certify that the information contained in my health history is correct to the best of my knowledge. I will not hold my doctor or any staff member of TOLC responsible for any errors or omissions that I may have made in completion of this form. I have read, or have had read to me, the full above consent and have also had an opportunity to ask questions about its consent and by signing below I agree to the above terms and procedures. I intend this consent to cover any treatment for my present condition and for any future care provided by this clinic and/or employed staff.

Patient signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Pregnancy consent:

By signing the below line I am confirming to the best of my knowledge I am **NOT** pregnant

Patient signature: \_\_\_\_\_ Date: \_\_\_\_\_